



**BLUE
SKY**
MODERN CRAFT

Lotta Love Blocks

a beginner quilt-block pattern



Four 3" x 5" (Finished) Blocks + Coaster and Pillow Finishing Options

Pattern by Jessica Schunke
www.blueskymoderncraft.com
[@blueskycrafter](https://www.instagram.com/blueskycrafter)

#LottaLoveBlocks
#BlueSkyModernCraft

The Lotta Love Blocks are an extension of the fun that started with my Halloween [BOO! Blocks](#) and [Christmas Cheer Blocks](#) patterns. With the addition of "L," "V," and "E" blocks, you're all set to bring a little extra love into your home for Valentine's or any time of the year. And while I didn't include it here, these blocks also work with the exclamation-point block from the BOO! Blocks pattern, so feel free to add it on for a little extra fun.

This pattern walks you through making the individual blocks and then provides basic instructions for turning them into coasters/trivets or a "Love" pillow. The size of these blocks also makes them perfect for sampler-style quilts. I can't wait to see how you use them in your own crafts!

Tips and Information Before You Start

- WOF = Width of fabric (pattern assumes standard WOF is 42")
- FQ = Fat quarter, a precut of fabric measuring 18" x 21"
- F16 = Fat sixteenth, a precut of fabric measuring at least 9" x 10"
- HST = Half-square triangle
- Seam allowance is 1/4"
- My favorite Havel's Sewing tools for this project are my [60 mm rotary cutter](#), [extra large cutting mat](#), [6 1/2" square fabric ruler](#), and [8" serrated quilting scissors](#).

Fabric Requirements

Fabric	Four Individual Blocks 3" x 5" (finished)	Coasters/Trivets 6" x 6"	Love Pillow 18" x 18"
Pink fabrics*	Assorted scraps (see cutting chart on p. 3)		
Background**	1 F16 or assorted scraps	1/4 yd., 1 FQ, or assorted scraps	3/8 yd. or 1/4 yd. plus assorted scraps
Backing	n/a	1/4 yd. or 1 FQ	5/8 yd.
Binding	n/a	1/4 yd., if using (see p. 7)	1/4 yd., if using (see p. 10)
Additional supplies	n/a	<ul style="list-style-type: none"> • (4) 6 1/2" squares of batting (1 per coaster) • Wonder Clips 	<ul style="list-style-type: none"> • 21" square of batting • 21" square of muslin or similar fabric (will be hidden inside pillow) • 18" pillow form • Zipper (depending on finishing method, see p. 10)

* I refer to the main letter fabrics as "pink" throughout the pattern to match my sample, but of course, you can use any color or mix of colors you like.

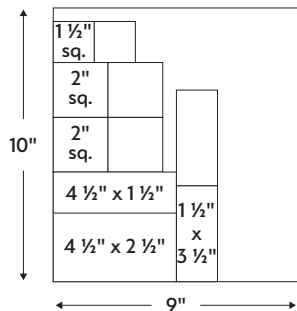
** I cut my background from assorted low-volume scraps. The cutting chart on p. 3 lists all the pieces you need, and the diagrams show the most efficient way to cut the background pieces from yardage.



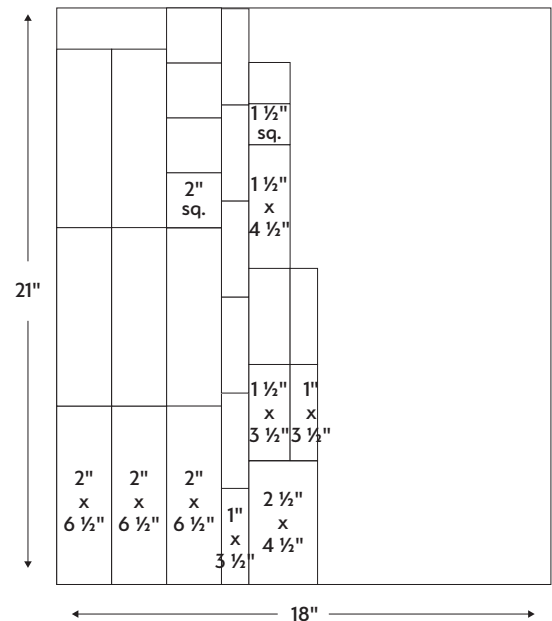
Cutting Instructions

Fabric	Individual Blocks	Coasters/Trivets	Love Pillow
Pink fabrics	(32) 1 1/2" squares (2) 2" squares (2) 1 1/2" x 2 1/2"	The diagrams on p. 11 show the placement of each piece in the blocks, which can be helpful if you're planning to lay out your scraps before sewing.	
Background	(2) 1 1/2" squares (2) 1 1/2" x 3 1/2" (1) 1 1/2" x 4 1/2" (4) 2" squares (1) 2 1/2" x 4 1/2"	Pieces from individual blocks <i>plus</i> (8) 2" x 6 1/2" (8) 3 1/2" x 1"	Pieces from individual blocks <i>plus</i> (3) 1 1/2" x 5 1/2" (2) 2 1/2" x 5 1/2" (2) 19 1/2" x 7 1/2"* *Or feel free to piece two rectangles of this size from scraps
Backing	n/a	(4) 6 1/2" squares	Varies based on finishing method (see p. 10)
Binding	n/a	(3) 2 1/2" x WOF, if using (see p. 7)	(3) 2 1/2" x WOF, if using (see p. 10)

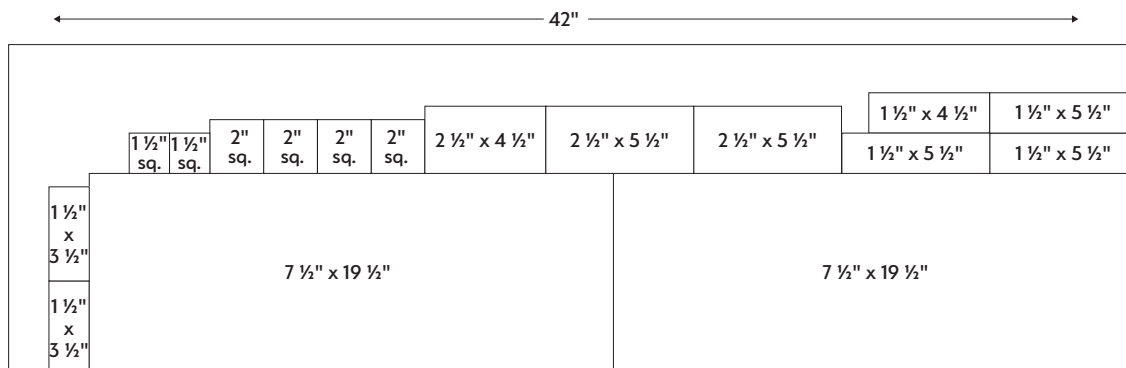
**Yardage
Background
Cutting Chart for
Individual Blocks**



**Yardage
Background
Cutting Chart
for Coasters**



**Yardage
Background
Cutting Chart
for Pillow**



Block Assembly Instructions

Letter Units

Follow the instructions below to piece each letter block, then proceed to page 6 to turn them into coasters or page 10 if you'd like to make the pillow.

“L” Block

1. Piece (7) 1 ½" pink squares into Sections A and B, as shown in **Fig. 1**. Press the seam between the bottom two units in Section A down. Press the other seams open. .
2. Sew Section B to the bottom of (1) 2 ½" x 4 ½" background rectangle (Section C) and press toward Section C. **Fig. 1**
3. Sew Section A to the left side of Section B/C, nesting the bottom seam. Press the seam open. **Fig. 1**

Fig. 1

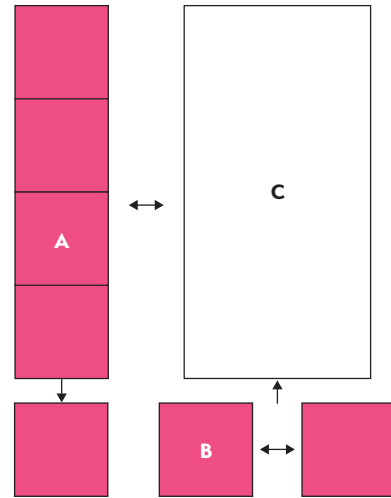


Fig. 2

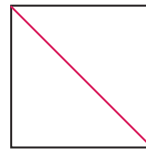
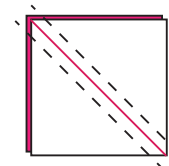


Fig. 3



Sew on the dashed lines and trim on the solid pink line.

1. Draw a diagonal line on the wrong side of (2) 2" background squares. **Fig. 2**
2. Pair each marked 2" background square with a 2" pink square, placing right sides together. Sew a seam on each side of the diagonal lines ¼" away from the lines. **Fig. 3**
3. Cut along the marked lines and press each HST open or away from the background. Trim to 1 ½" square. Each pair of squares will produce two HSTs (total of four). **Fig. 4**
4. Piece the four HSTs and (6) 1 ½" pink squares into Sections A and C, as shown in **Fig. 5**. Press the seam between each HST and the adjoining pink square toward the pink square. Press the other seams open.
5. Piece (2) 1 ½" pink squares and (1) 1 ½" x 3 ½" background rectangle into Section B, as shown in **Fig. 5**. Press the seams away from the background.

Fig. 4

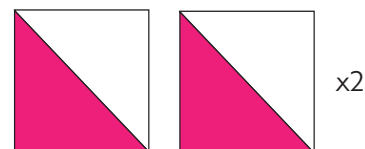
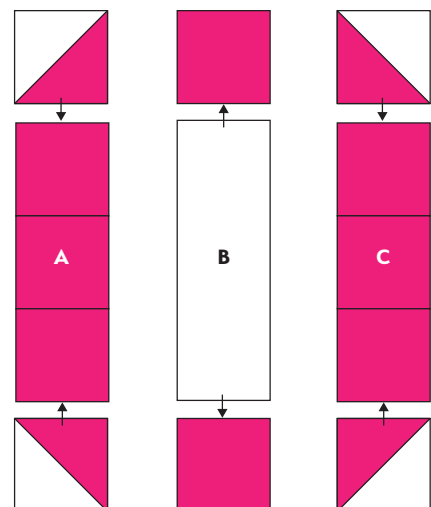


Fig. 5



6. Sew Sections A-C together, as shown in **Fig. 6**, nesting the seams that were pressed to the side. Press the seams open.

“V” Block

1. Piece (3) 1 ½" pink squares and (1) 1 ½" x 2 ½" pink rectangle into Section A, as shown in **Fig. 7**. Press the seams open. Repeat to make Section C.
2. Sew (1) 1 ½" pink square to the bottom of (1) 1 ½" x 4 ½" background rectangle to create Section B. Press the seam open. **Fig. 7**
3. Sew Sections A-C together, as shown in **Fig. 8**. Press the seams open.
4. Draw a diagonal line on the wrong side of the two remaining 2" background squares. Place (1) 2" square right sides together in the bottom-left corner of the V unit with the marked line oriented as shown in the first diagram in **Fig. 9**. Sew on the line, then trim the square ¼" away from the seam as shown. Press toward the background.
5. Repeat Step 4 in the bottom-right corner of the unit, making sure the marked line is oriented as shown in the last diagram in **Fig. 9**.

Fig. 6

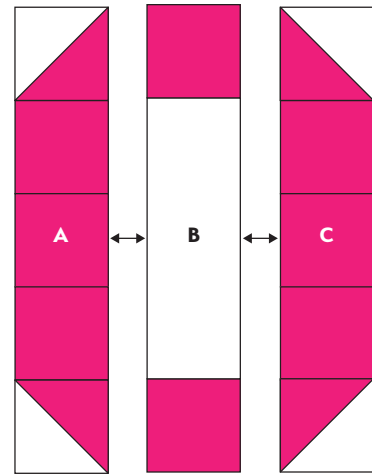


Fig. 7

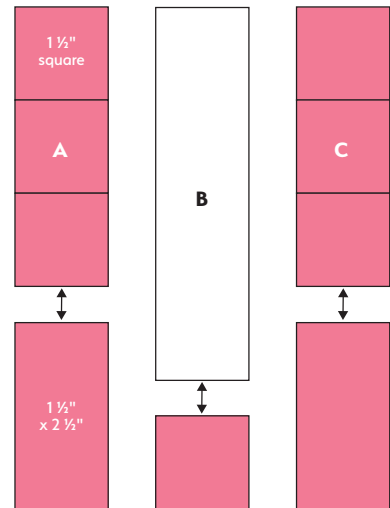


Fig. 8

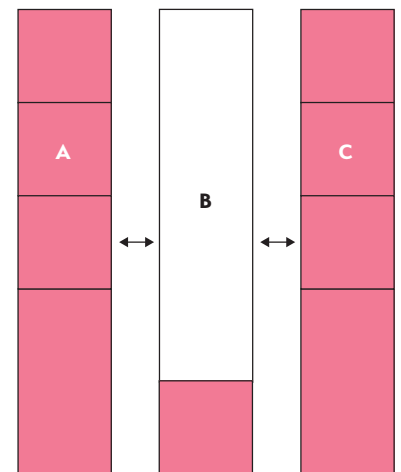
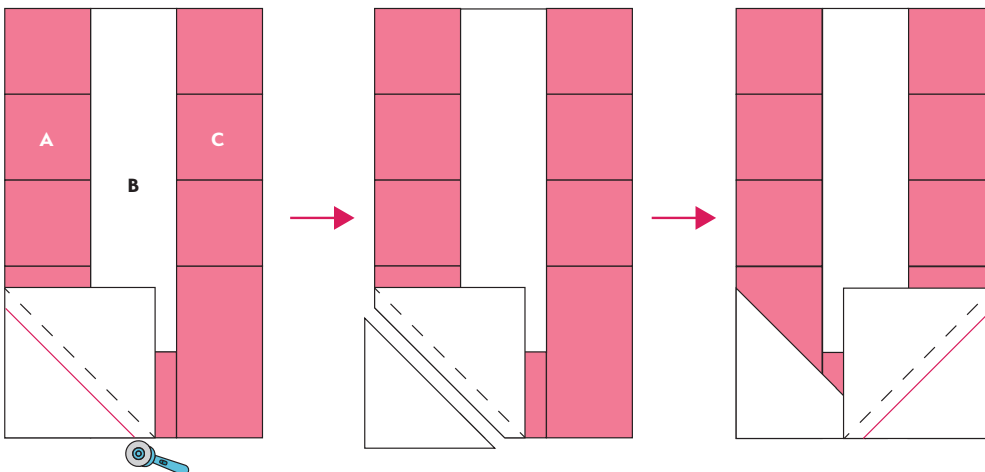


Fig. 9



Sew on the dashed line and trim on the solid pink line.

“E” Block

1. Piece (5) 1 ½" pink squares into Section A, as shown in **Fig. 10**. Press the seams away from the middle square.
2. Piece (3) 1 ½" pink squares and (2) 1 ½" background squares into Section B, as shown in **Fig. 10**. Press the seams toward the middle square.
3. Piece (2) 1 ½" pink squares and (1) 1 ½" x 3 ½" background rectangle into Section C, as shown in **Fig. 10**. Press the seams away from the background.
4. Sew Sections A-C together, as shown in **Fig. 11**, nesting the seams as you go. Press the seams open.

Proceed to the next section to turn your letter units into coasters or skip to page 10 to turn them into a pillow.

Fig. 10

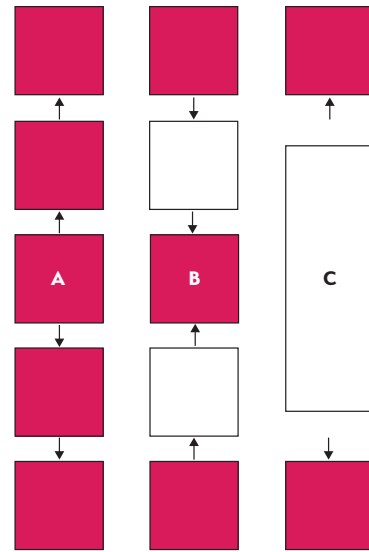
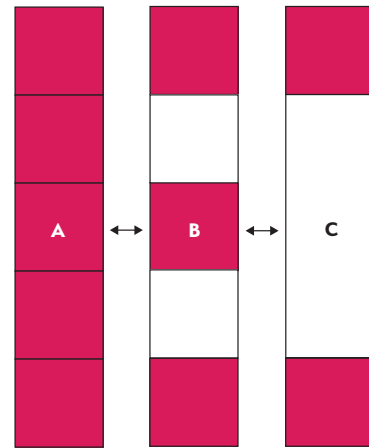


Fig. 11

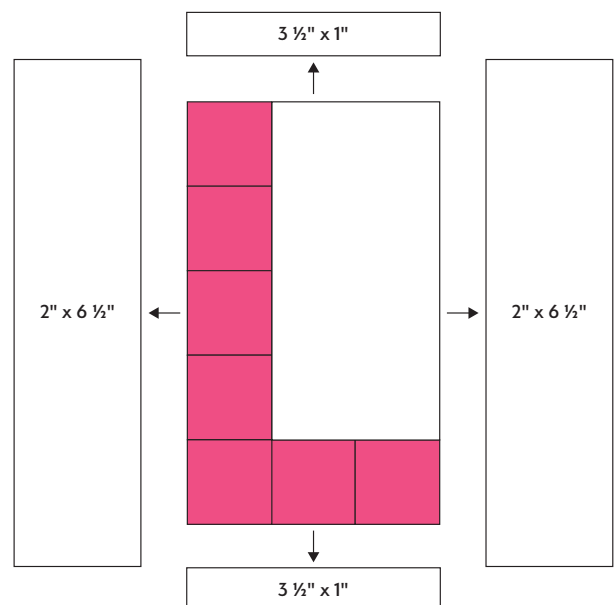


Coaster Finishing Instructions

1. Sew (1) 3 ½" x 1" background rectangle to the top of each letter unit. Press toward the background. Repeat on the bottom of each unit. **Fig. 12**
2. Sew (1) 2" x 6 ½" background rectangle to the left side of each letter unit. Press toward the background. Repeat on the right side of each unit. **Fig. 12**

Proceed to your desired finishing option (topstitch or bound) on page 7.

Fig. 12



Topstitch Finish

- Optional: if you want to quilt the coasters, for each one, place the pieced block on top of a batting square and quilt as desired (no need to baste).
- For each coaster, layer (1) 6 ½" square piece of backing right side up, followed by one block right side down and then (1) 6 ½" square of batting. If you quilted your block in Step 3, then you will place one backing square right sides together with the quilted block/batting unit. Pin or clip the layers in place.
- Using a ¼" seam allowance, sew around all four sides, leaving a 2" opening on one side. **Fig. 13** Be sure to backstitch at the beginning and end.
- Using a pair of sharp scissors, clip the points off the four corners to reduce the bulk. **Fig. 14**
- Turn the entire coaster right side out through the opening. Use a point turner or similar tool to push out the corners of the coaster, then press the entire coaster flat, tucking in the fabric at the opening.
- Topstitch around the entire coaster ⅛" from the edge, closing up the opening.
- Repeat with the remaining blocks, then share your finished coasters via social media using #LottaLoveBlocks!

Fig. 13

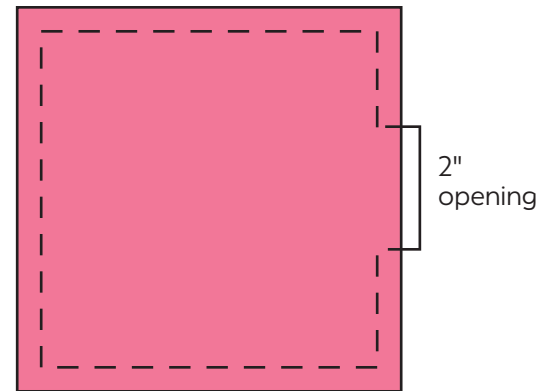


Fig. 14

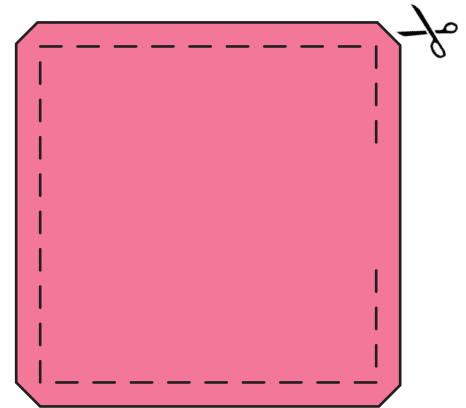


Fig. 15



Bound Finish

- For each coaster, make a quilt sandwich by laying (1) 6 ½" square piece of backing right side down, followed by (1) 6 ½" square of batting, then one block, right side up. Quilt as desired (no need to baste). **Fig. 15**
- I like to bind small items like coasters a little differently than I would a quilt (if you want to use the standard method, see the box at the top of page 9). Press one WOF binding strip in half lengthwise, wrong sides together.

5. Begin attaching the binding to the coaster like you would a quilt, starting close to the corner on one side and leaving a tail of about 3". Bind around the first three corners. When you get to the final corner, stitch into the corner like you normally would, but then backstitch and remove the coaster from the machine. **Fig. 16**

6. Fold the final corner like normal and clip in place. **Fig. 17**

7. One at a time, lay the two ends of the binding strip flat along the side of the coaster. Where they meet roughly in the middle of the side, fold each strip back onto itself and clip in place. Finger press along each crease. **Fig. 18**

8. If desired, use a removable marking tool to draw a line along each crease to make it easier to see. Remove all of the clips, then unfold the two ends and pin them right sides together, aligning the creases. **Fig. 19** (Pinning and sewing these short strips together can be a bit tricky. It can help to clip the bulk of the coaster out of the way to relieve some of the tension.)

9. Sew along the crease, then trim the seam allowance to $\frac{1}{4}$ ". Realign the binding strip with the side of the coaster and finish sewing it down starting in the corner. **Fig. 20**

10. You can repeat this process for the other coasters, but I like to use a quicker option. Lay your second binding strip on a cutting mat, then starting at one end, place the trimmed pieces from the first binding strip on top. Trim away the part of the second strip that's under the trimmed pieces. Measure the remaining strip for use in the other coasters (mine measured $26\frac{3}{4}$ ", but yours may differ slightly, which is why I have you make and measure your first coaster instead of just skipping ahead to this option).

11. Using a $\frac{1}{4}$ " seam allowance, sew the ends of the second strip together to form a loop. Then, press the strip in half lengthwise, wrong sides together.

12. Bind the coaster using the loop, as shown in [this video](#). Because you pre-cut the strip to size, it fits perfectly!

13. Sew the final WOF binding strip and long binding scraps together end to end, then subcut two strips to the length you measured in Step 10 and repeat Steps 11-12 to attach the binding to your last coasters.

Fig. 16

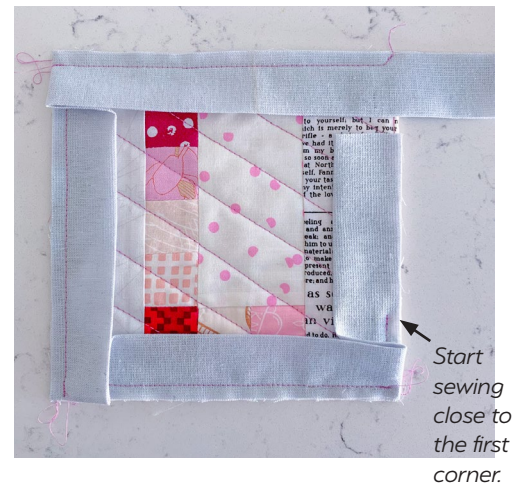


Fig. 17



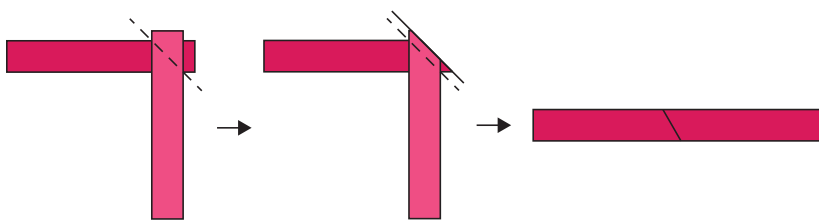
Fig. 18



Standard Quilt-Binding Method

To make the binding, place one 2 ½" x WOF binding strip perpendicular to a second strip, right sides together, and sew a diagonal seam across the intersecting strips. Trim the excess fabric ¼" away from the seam, trim the dog ears, and press open. **Fig. 21** Repeat with the remaining strips, adding them to create one long strip of binding. Subcut into four equal lengths. Press the strips in half lengthwise, wrong sides together, then bind using your preferred method. [This video](#) shows my preferred method step by step.

Fig. 21



14. Attach your binding to the back of the coasters by machine or hand using your preferred method.
15. Share your finished coasters via social media using #LottaLoveBlocks!



Fig. 19



Fig. 20



“Love” Pillow Finishing Instructions

1. Piece the four letter units (L-O-V-E), (2) $2\frac{1}{2}$ " x $5\frac{1}{2}$ " background rectangles, and (3) $1\frac{1}{2}$ " x $5\frac{1}{2}$ " background rectangles together into a row as shown. **Fig. 22** Press the seams toward the background rectangles.
2. Pin and sew (1) $19\frac{1}{2}$ " x $7\frac{1}{2}$ " background rectangle to the top of the assembled unit. Press toward the background. Repeat with the other $19\frac{1}{2}$ " x $7\frac{1}{2}$ " background rectangle on the bottom of the unit. **Fig. 23**
3. Make a quilt sandwich by laying your muslin lining right side down, followed by the batting and then the pillow top right side up. Baste and quilt as desired. Trim to 19" square.
4. Complete your pillow using your preferred method. I love Suzy Quilt’s tutorials for finishing a pillow with [a hidden zipper](#) or [an envelope backing](#).
5. Share your finished pillow via social media using #LottaLoveBlocks!

Fig. 22

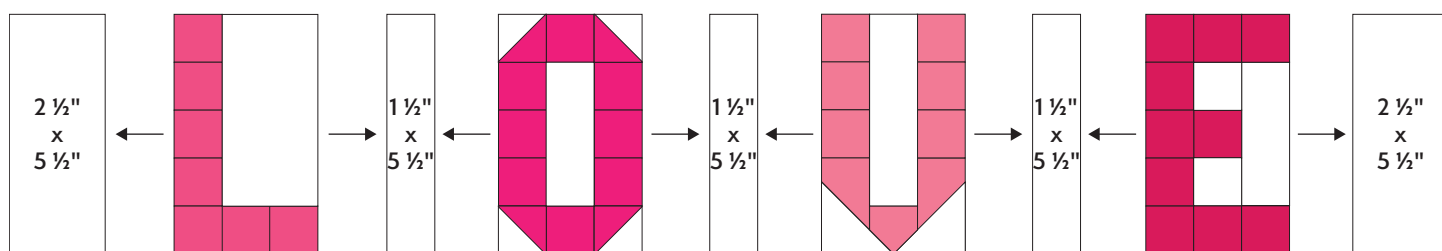
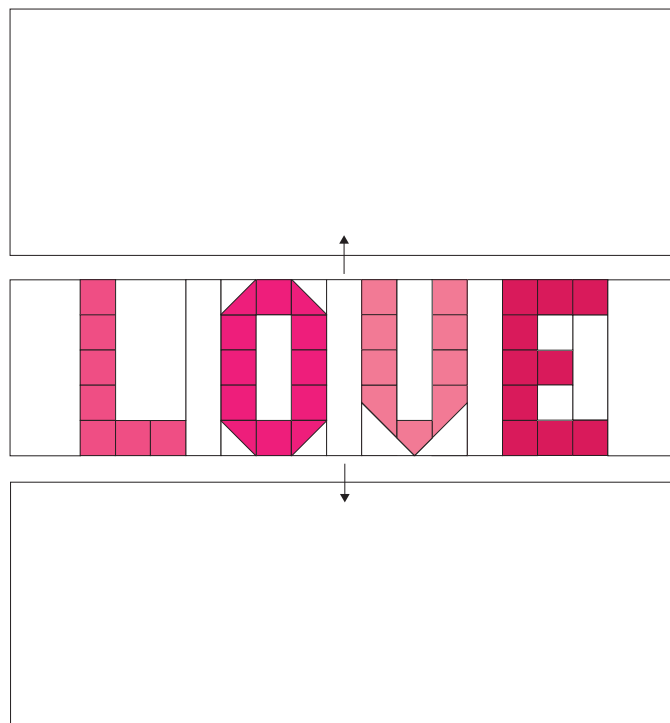


Fig. 23



Piece Layout Diagrams

