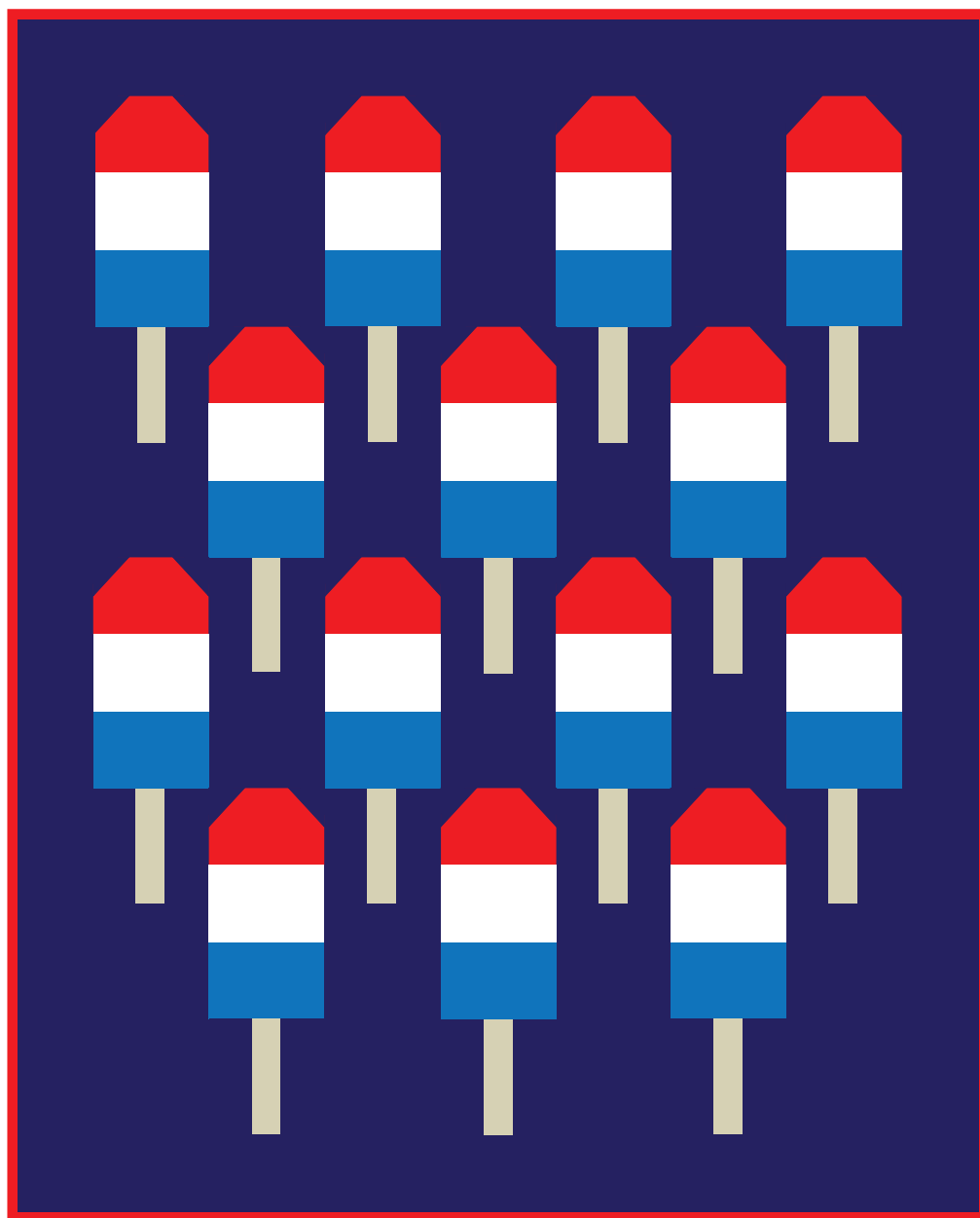




**BLUE
SKY**
MODERN CRAFT

Rocket Pops

a beginner quilt pattern



Throw Size: 50" x 62" (Finished Block Size: 6" x 18")

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[#RocketPopsQuilt](https://www.instagram.com/RocketPopsQuilt)
[#BlueSkyModernCraft](https://www.instagram.com/BlueSkyModernCraft)

If the hot summer days have you longing for a simple, sweet quilt to whip up, I've got just the thing for you. Several years ago, I created the *Ombré Popsicle* throw quilt for the *Havel's Sewing* blog, and I've loved it so much that I've added three more takes on it since then (see page 8) so you can satisfy your sewing sweet tooth in multiple sizes and styles. But this year, I decided to return to the original for a spin celebrating the iconic (trademarked, wink) American popsicle we've all loved since our earliest ice-cream truck days. The strip-pieced **Rocket Pops** quilt goes together in no time and is the perfect backdrop for summer picnics.

Tips and Information Before You Start

- WOF = Width of fabric (pattern assumes standard WOF is 42")
- Seam allowance is ¼".
- Backing yardage includes 4" of overage on each side (typical for a quilt being sent to a longarmer). The amount uses the yardage in the most efficient manner. You may need more fabric if you're using a directional fabric for the backing or wish to pattern match.
- Binding yardage assumes 2 ½"-wide binding.

Fabric Requirements and Cutting Instructions

Fabric	Amount Needed	Cutting
Red, White, and Medium Blue	½ yd. each (¾ yd. exactly)	From each fabric, cut (3) 4 ½" x WOF.
Tan	¼ yd.	Cut (1) 6 ½" x WOF; subcut (14) 6 ½" x 2".
Background	1 ⅞ yd. (2 yd. if you want a bit more wiggle room)	Cut (4) 6 ½" x WOF. <ul style="list-style-type: none"> • From (2) strips, subcut (6) 6 ½" x 12 ½" and (2) 6 ½" x 2 ¾". • From (1) strip, subcut (1) 6 ½" x 12 ½", (4) 6 ½" squares, and (1) 6 ½" x 2 ¾". • From (1) strip, subcut (3) 6 ½" squares and (8) 6 ½" x 2 ¾". Cut (4) 2 ¾" x WOF; subcut (20) 2 ¾" x 6 ½". Cut (6) 4 ½" x WOF. Sew strips together lengthwise using vertical seams. Fig. 1 From pieced strips, subcut <ul style="list-style-type: none"> • (2) 4 ½" x 54 ½" for side borders, • (2) 4 ½" x 50 ½" for top and bottom borders, and • (28) 2" squares.
Binding	½ yd.	Cut (6) 2 ½" x WOF.
Backing	3 ¼ yd.	See page 6.

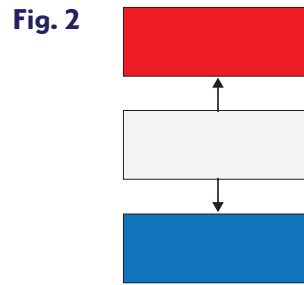
Fig. 1



Block Assembly Instructions

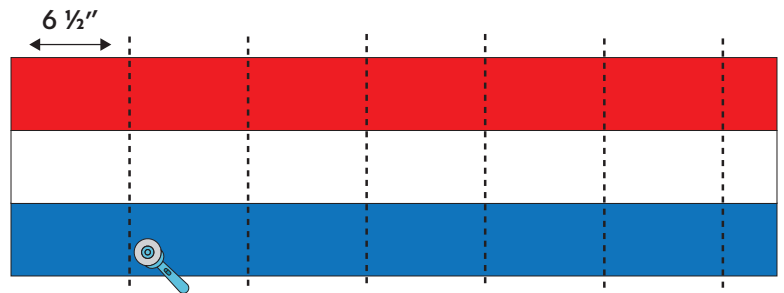
1. Divide the red, white, and medium blue WOF strips into three sets of strips with one strip of each color. Sew the strips in each set together in color order. Press away from the white strips.

Fig. 2



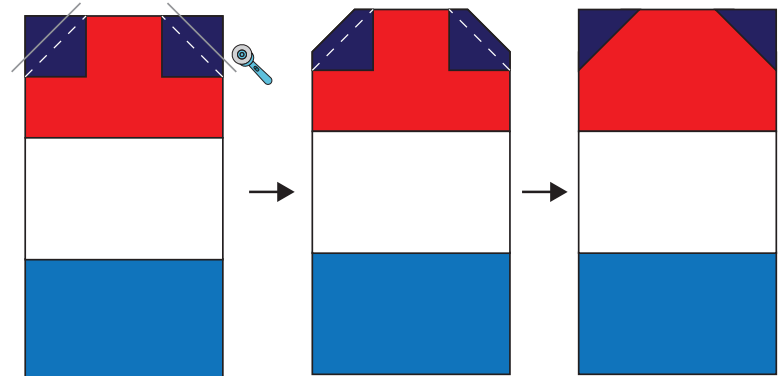
2. Subcut the strip sets into a total of (14) 6 1/2"-wide Pop units (you can get six units from each strip set).

Fig. 3



3. Draw a diagonal line on the wrong side of each 2" background square. Place two 2" squares right sides together in the top corners of each Pop unit with the marked lines oriented as shown in **Fig. 4**. Sew on the lines, then trim each square 1/4" away from the seam as shown. Press toward the background.

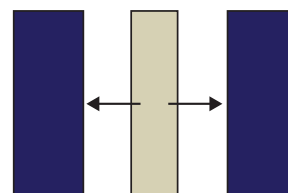
Fig. 4



4. Sew a 2 3/4" x 6 1/2" background piece on the left and right sides of each tan 2" x 6 1/2" piece. Press toward the background. This is Unit A.

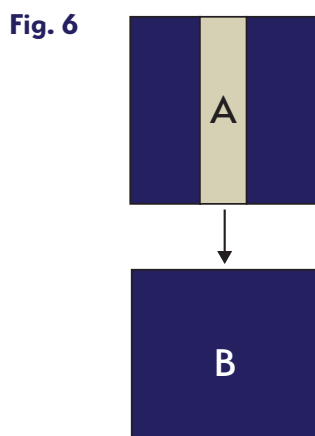
Fig. 5

Fig. 5



5. Sew a 6 1/2" background square (Unit B) to the bottom of seven of the A units. Press toward B.

Fig. 6



- Sew a 6 ½" x 12 ½" background piece (Unit C) to the bottom of four of the A units. Press toward C. **Fig. 7**
- Sew the three remaining A units to the bottom of three Pop units. Press toward the Pop unit. **Fig. 8**

Fig. 7

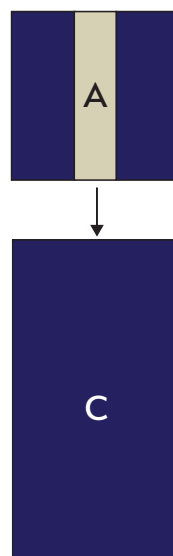
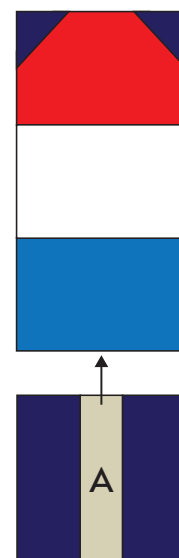


Fig. 8

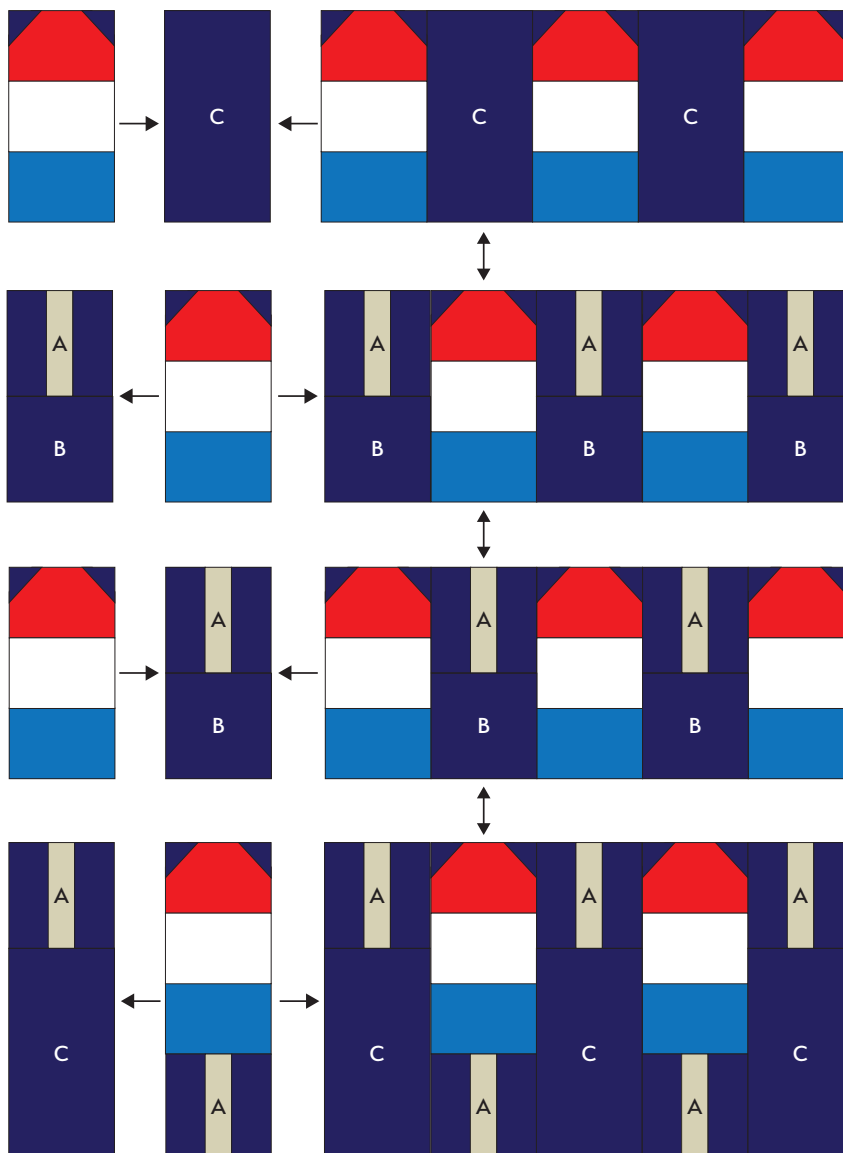


Quilt Assembly Instructions

- Lay out the pieced units and remaining 6 ½" x 12 ½" background pieces (Unit C) in rows as shown in **Fig. 9**. Sew the units into rows. Press away from the Pops, as indicated by the arrows.
- Pin and sew the rows together, nesting the seams. Press the seams open.

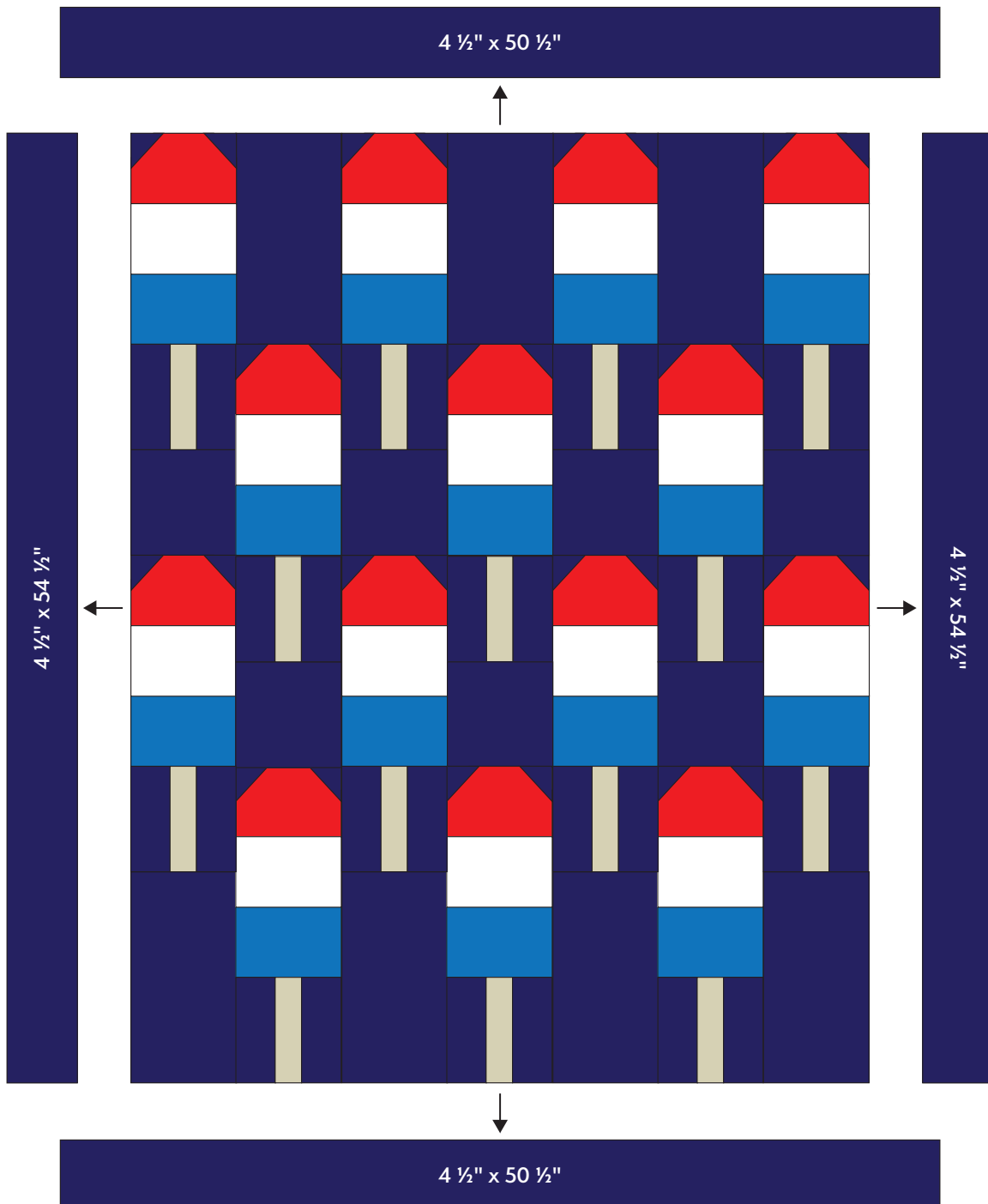
Fig. 9

Fig. 9



3. Pin and sew a 4 ½" x 54 ½" background strip to the left and right sides of the quilt top. Press toward the borders. **Fig. 10**
4. Pin and sew a 4 ½" x 50 ½" background strip to the top and bottom of the quilt top. Press toward the borders. **Fig. 10**

Fig. 10



Finishing Instructions

1. To piece the quilt backing, cut the backing yardage along the WOF (from selvage to selvage) at the halfway point of the yardage length, creating two equal pieces. **Fig. 11** Trim one selvage from each piece and sew the two pieces together along these trimmed edges. **Fig. 12** Press the seam open or to the side. The seam will run horizontally.

Note: You may need to adjust these directions if you are using a directional fabric for your backing or you wish to pattern match the backing fabric along the seam.

2. Make a quilt sandwich by laying the backing right side down, followed by the batting and then the quilt top right side up. Baste and quilt as desired.

3. To make the binding, place one 2 ½" x WOF binding strip perpendicular to a second strip, right sides together, and sew a diagonal seam across the intersecting strips. Trim the excess fabric ¼" away from the seam, trim the dog ears, and press open. **Fig. 13** Repeat with the remaining strips, adding them to create one long strip of binding. Press the strip in half lengthwise, wrong sides together, then bind using your preferred method. Click [here](#) for a video showing my preferred method step by step.

4. Share your finished quilt via social media using #RocketPopsQuilt and #HavelsSewing so we can see what you made!

Fig. 11

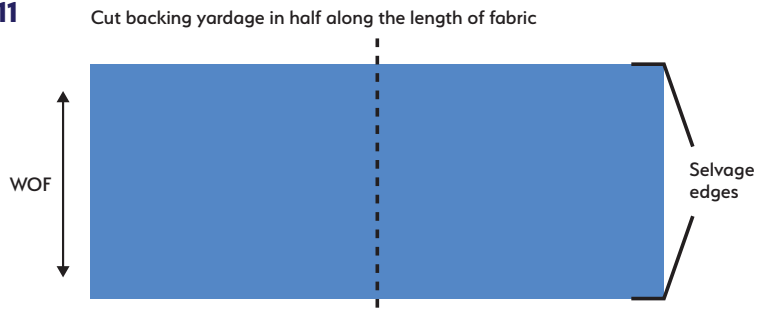


Fig. 12

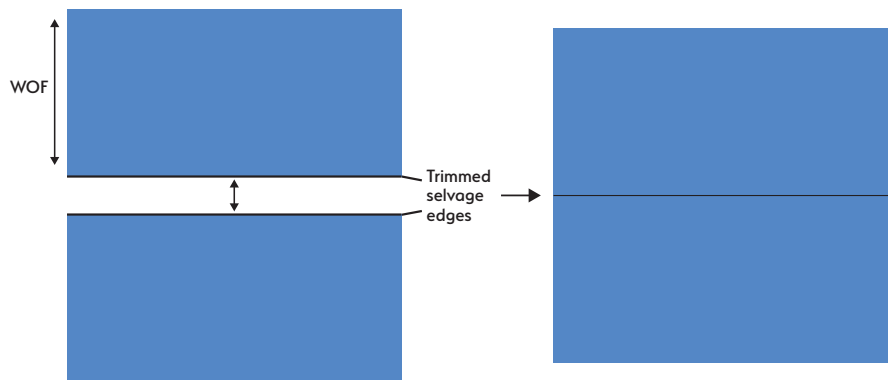
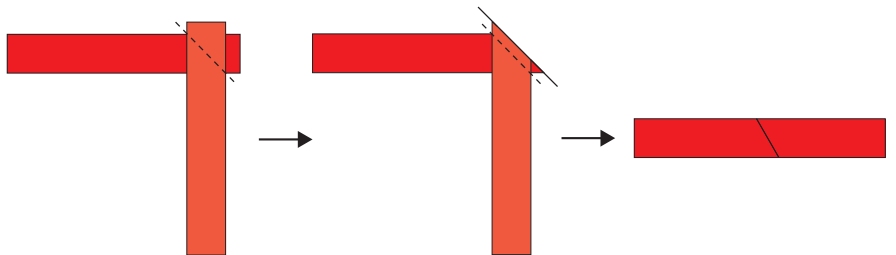
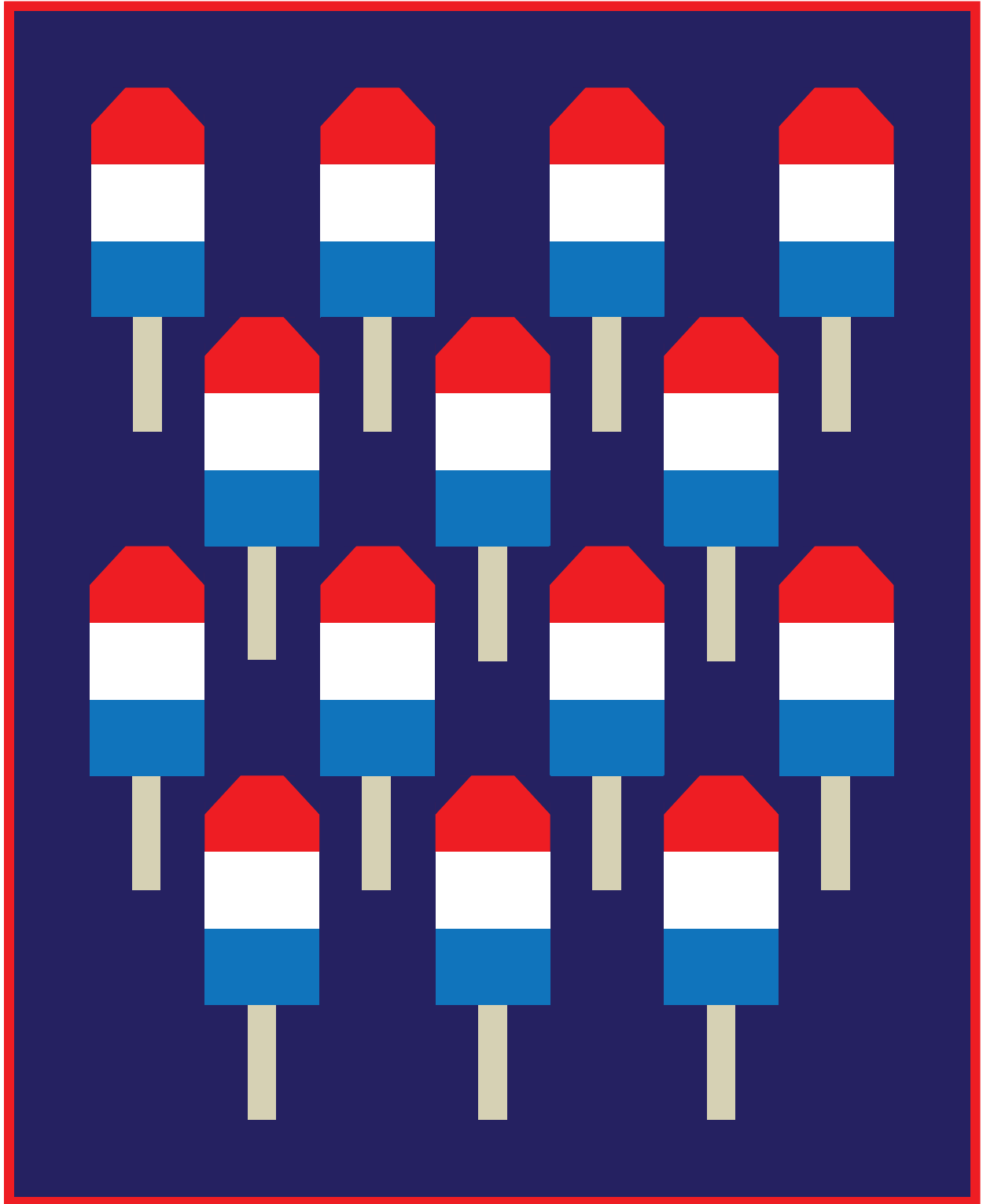


Fig. 13



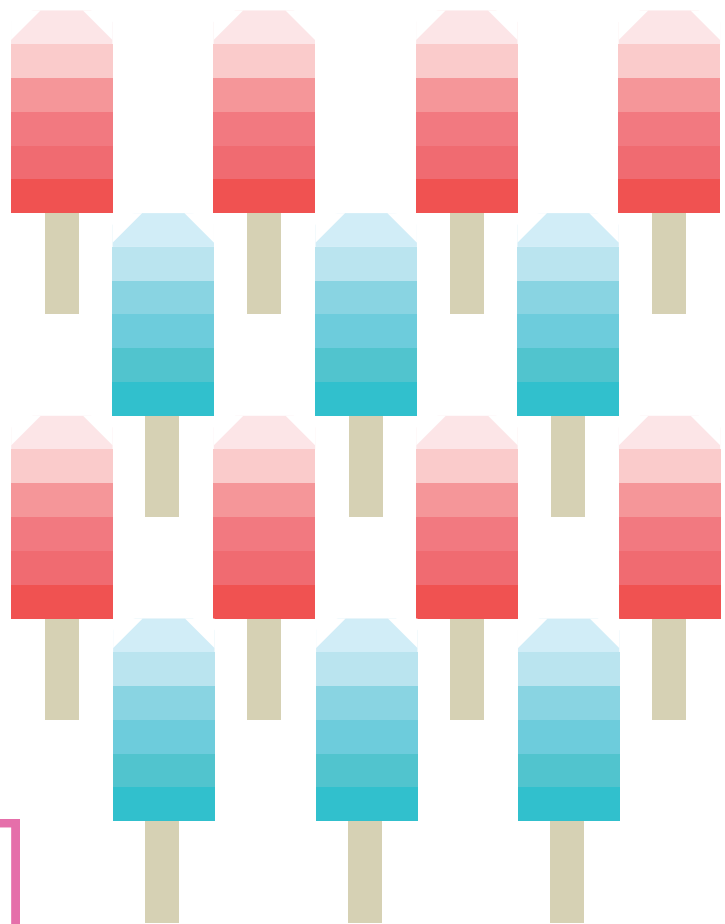
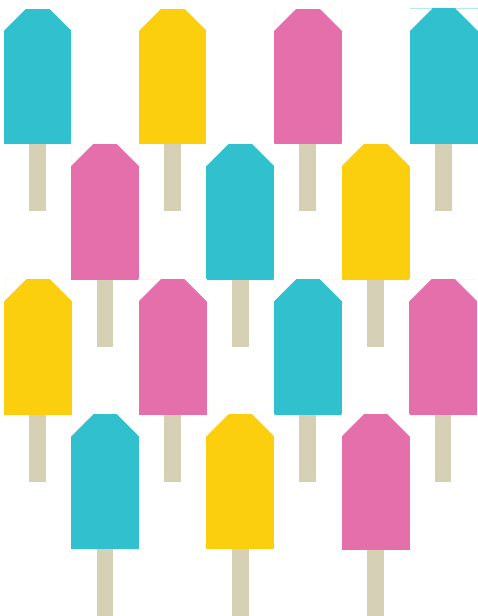


Other Versions

For more sweet sewing, be sure to check out the other patterns in the Popsicle quilt series: the original [Ombré Popsicle](#) throw quilt, the simplified [Little Pops](#) baby quilt, and the [Tiny Pops and Mini Pops](#) individual block patterns, all available for free on the Havel's Sewing blog!

(Quilts shown at scale with one another.)

**Little Pops
Baby Quilt**



**Ombré Popsicle
Throw Quilt**



**Mini Pops and Tiny Pops
Individual Blocks — great
for sampler quilts!**